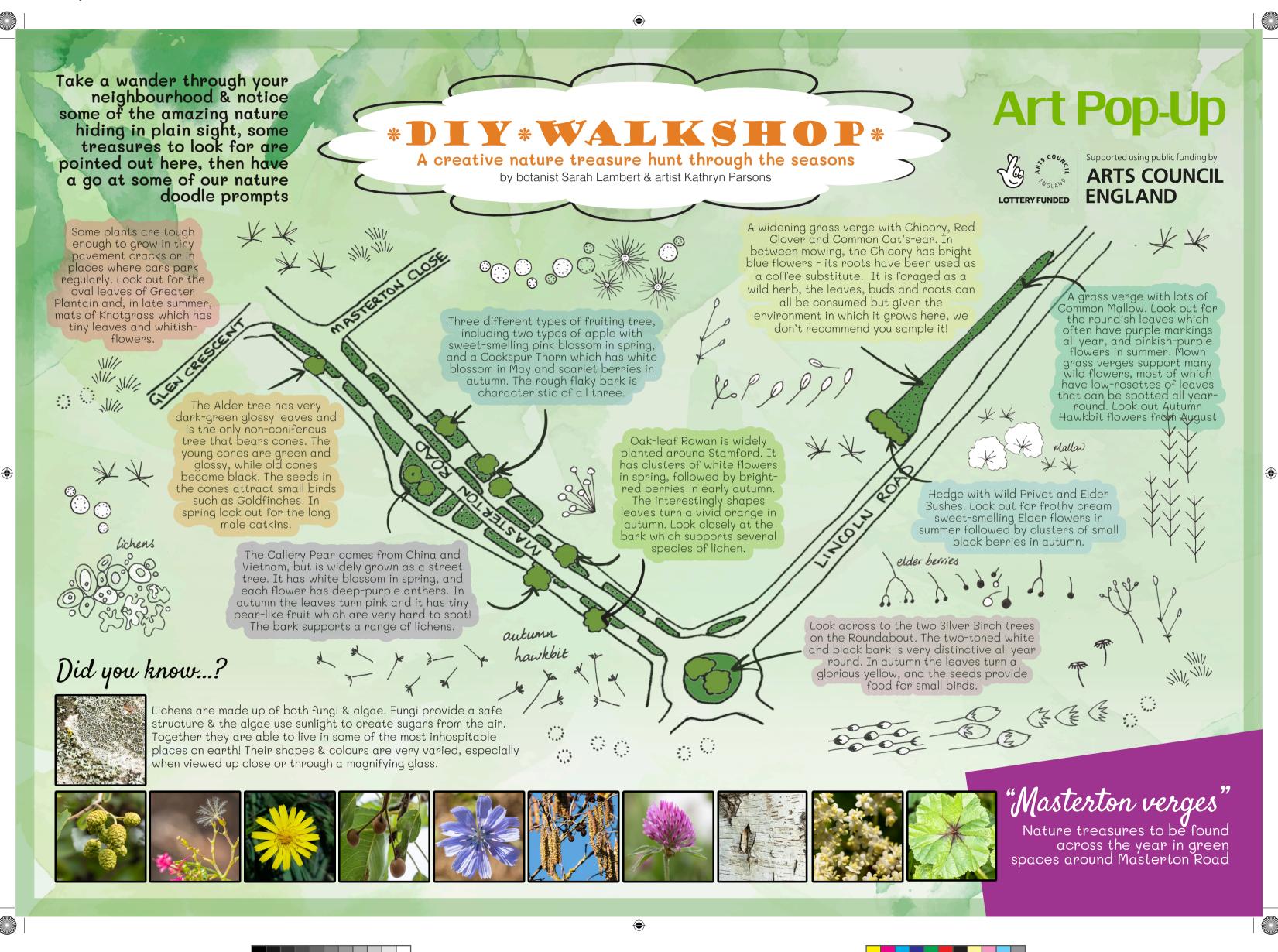
14/10/2022 21:42 DIY WALKshop Guide Masterton-Blackstones FINAL PRINT 1



DIY WALKshop Guide Masterton-Blackstones FINAL PRINT 2



A creative nature treasure hunt through the seasons

by botanist Sarah Lambert & artist Kathryn Parsons





Treasure Hunt

Search at different times of the year and you'll find different things, so do this more than once and see what you can find!

- Collect fallen twigs, leaves, feathers & other treasures! How many different coloured leaves can you find? How many different shaped leaves can you find (eg pointy ones, heart-shaped, lobed, round & etc)
- Make a pattern with your finds either at home, or on a safe place away from the road & pavement
- Take your leaves home to make leaf prints (paint on a leaf & print with it), or collages of imaginary leaf creatures
- String your treasures together to make a garland

Hunt For Wildflowers

Notice the wildflowers that are thriving in the pavement cracks. Even in January you might find these survivors flowering! How many different flowers can you find? Enjoy nature-doodling their different shapes!

Mini-worlds

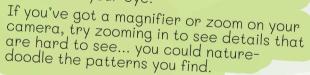
Look closely for tiny details...

- Find the tiny lichen on tree-bark, walls, fence posts and pavements
- Find the tiniest flower, or leaf you can
- Notice the small patterns of the tree bark... and see how different each tree is!

Nature-doodle some of your mini-world finds, or photograph them

Wander with a camera

Go for a walk and photograph the plants that catch your eye.



Fungi Foray

In the autumn after the rain go fungihunting, look on the ground and also in the trees. Don't pick or eat - just enjoy the hunt.

The best time to look for fungi is usually a few weeks after it has rained. You could photograph them & share with us @ArtPopUpUK

Befriend a tree

By visiting often, notice how a tree changes through the seasons

- Touch the bark, how does it feel? knobbly, smooth, bobbly, rough, flaky?
- Make bark and leaf rubbings using wax
- Collect fallen leaves or seeds, and press them in a book to make a lasting memento of your tree-friend. After a few weeks, when the leaves / seeds are dry you can make a collage by sticking



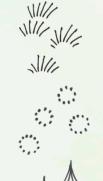
Nature's Songs

On a breezy day stand under a tree and listen to the sound of the wind in

Different trees sound different! What sounds or words does it make you think of? Listen for birds singing in the hedge

Blossom Time

In spring stand at the apple and pear trees and smell the blossom - listen for the insects' happy hum!





lichen pavement hichen Autumn Mallaw

Slackstones / Masterton

WALKshops

In autumn 2022, Art Pop-Up commissioned botanist Sarah Lambert and artist Kathryn Parsons to host guided nature walks incorporating an art workshop: WALKshops. Engaging with nature and creativity has huge benefits for wellbeing.

leaf veins

berries

These DIY guides to the walks are the project legacy, introducing local communities to the amazing nature on their doorsteps in 3 urban locations in Stamford: Casterton Road. Masterton Road and the Community Orchard at Christ Church Close. The free guides are available on our website.

Find us at www.artpopup.co.uk @ArtPopUpUk

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Art Pop-Up



Hunting for treasures is great fun, but ensure you keep safe:

- Don't eat anything you find
 Wash your hands well with soap after
 You've handled any natural objects
 Watch out for dog poo & avoid it!
 On the payement

(1) hat is nature doodling? Doodling is simple mark making

- Start by noticing the shapes and patterns that catch your eye. Look at leaf shapes, flowers & seeds, bark patterns, lichen etc
- Using whatever you have to hand (pencils, crayons, pens etc.), doodle the basic outlines of these treasures - keep them really simple. You could even use coffee and a stick to doodle.

Try folding a piece of paper in to 4 or more squares, then unfold it and fill each square with a pattern of doodles inspired by your finds. You could put one pattern in one square, repeating it lots of times, or fill each square with different doodles.

About Art Pop-Up

We're a multi-award winning, non-profit community arts organisation based in Stamford. As cultural engineers & community builders, we create inspiring, thoughtprovoking opportunities for our community to get creative, from workshops to festivals and community events.

To find out what programmes we're running currently, check our Facebook page @ArtPopUpUk or website ArtPopUp.co.uk

Photos & map by S Lambert, doodles & activities by K Parsons, design by S Roddan.



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